

Nuclear power plant emergency

ACTION CHECKLIST

Listen to the official alert for your zone and follow instructions to shelter or evacuate. If told to shelter, go indoors and close windows and doors. Take potassium iodide only if public-health officials direct it; it is not a general radiation antidote.

[] Confirm your zone

Use emergency management and plant-area alerts for your actual address.

[] Shelter when directed

Move indoors and follow instructions for outside-air ventilation.

[] Evacuate when directed

Use designated routes and reception centers; do not invent a route through restricted areas.

[] Follow food and water instructions

Use packaged supplies and heed any local contamination restrictions.

WATCH FOR

Plant emergencies differ from nuclear detonations; a fixed distance or timer is not an all-clear.

IF HELP IS UNAVAILABLE

Seek zone-specific radiation information by radio or another verified channel. Radiation cannot be measured by smell or sight. Indoors, close openings and reduce outside-air intake while you establish whether your zone must evacuate; do not self-dose potassium iodide or improvise a route through a suspected release.

Updated 2026-10-02 | Civilian educational guidance. Seek qualified help when reachable and safe; do not delay immediate protective action.

Full guide: <https://ospreyzero.com/emergencies/nuclear-plant-emergency/>

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