

Long-duration blackout

SHOPPING LIST

Check what you already own. Adapt quantities to your household; these supplies are for preparation, not a reason to delay urgent action.

[] **Battery lights and spare batteries**

Quantity needed: _____ Already have: _____

[] **Safe drinking-water containers**

Quantity needed: _____ Already have: _____

[] **Shelf-stable food and manual opener**

Quantity needed: _____ Already have: _____

[] **Charged power bank**

Quantity needed: _____ Already have: _____

[] **Battery radio**

Quantity needed: _____ Already have: _____

[] **Working carbon monoxide alarms**

Quantity needed: _____ Already have: _____

Updated 2026-10-02 | Civilian educational guidance. Seek qualified help when reachable and safe; do not delay immediate protective action.

Full guide: <https://ospreyzero.com/emergencies/long-blackout/>

CDC · Protect yourself during a power outage

CDC · Avoid carbon monoxide poisoning