

Go bag

ACTION CHECKLIST

Pack a portable bag with the essentials you need to leave quickly: medicines, documents, contact information, water, food, light, phone power and weather-appropriate clothing. Keep it light enough to carry and a separate grab list for items used every day.

[] Plan the destination

Know where you can go and how you will get there.

[] Pack personal essentials

Include medication arrangements, identification copies, keys and accessible supplies.

[] Add basic support

Pack water, snacks, light, charger, hygiene supplies and appropriate clothing.

[] Test and maintain

Carry the bag briefly, reduce excess weight and refresh dated items.

WATCH FOR

Never delay an urgent evacuation to finish packing.

IF HELP IS UNAVAILABLE

If you have minutes rather than days, grab essential medicines, documents, shoes, water and a phone charger first. Divide necessary supplies among people who can carry them, without giving children or a person with limited mobility an unmanageable load.

Updated 2026-10-02 | Civilian educational guidance. Seek qualified help when reachable and safe; do not delay immediate protective action.

Full guide: <https://ospreyzero.com/preparedness/go-bag/>

Go bag · official guidance