

# Chemical release

## ACTION CHECKLIST

**Move away from a chemical release and follow official instructions about evacuation or sheltering indoors. If exposed, get the chemical off and seek help. For severe symptoms, call emergency services; in the U.S., Poison Control is 1-800-222-1222.**

### [ ] Leave the release area

Do not approach a spill or plume to identify it.

### [ ] Follow shelter or evacuation orders

The right action depends on the substance and where the release is; use location-specific instructions.

### [ ] Get clean

Follow Poison Control or responder instructions for removing contaminated clothing and washing; avoid spreading contamination to others.

### [ ] Get medical help

Tell responders what was involved if known, your location and symptoms.

## WATCH FOR

A dust mask or N95 does not protect against toxic gases.

## IF HELP IS UNAVAILABLE

If no reliable instruction arrives, move away from the visible release or affected area without passing through it. If leaving would put you into contaminated outdoor air, use an intact indoor space, shut openings and turn off outdoor-air intake while seeking trustworthy information. Do not identify a gas by sniffing it.

Updated 2026-10-02 | Civilian educational guidance. Seek qualified help when reachable and safe; do not delay immediate protective action.

Full guide: <https://ospreyzero.com/emergencies/chemical-emergency/>

Chemical release · official guidance