

Checkpoints & interrupted travel

ACTION CHECKLIST

Avoid unnecessary travel through active fighting or uncertain checkpoints. Check the route and requirements as recently as possible, keep identification and essential medical information accessible, and avoid confrontation. A uniform, posted order or claimed safe corridor does not guarantee safe passage. Rules and protection risks differ by place.

[] **Decide whether travel is necessary**

Compare the danger of staying with the risks of the route. Do not travel only to investigate a closure. Have a known destination and another option.

[] **Verify current conditions**

Compare recent trusted local information with independently verified humanitarian information. Check dates and exact locations; old route advice may be unsafe.

[] **Keep essential documents accessible**

Carry identification and medical information securely. Know where they are so you do not need a hurried search. Do not display sensitive details unnecessarily.

[] **Avoid escalating an encounter**

Remain calm, avoid sudden gestures and do not film an encounter when doing so increases danger. There is no universal script that guarantees safe treatment.

[] **Keep the household together**

Have an agreed check-in and separation plan. Do not send a child or vulnerable person ahead alone to test a route.

WATCH FOR

This is civilian safety planning, not advice to evade checkpoints or legal restrictions. Never assume passage based on a map, an insignia or an unverified promise.

IF HELP IS UNAVAILABLE

If nobody can verify a route and travel is not immediately necessary, remain in the safer available place while reassessing. Do not assume a public convoy or unofficial driver has secured protection.

Updated 2026-10-02 | Civilian educational guidance. Seek qualified help when reachable and safe; do not delay immediate protective action.

Full guide: <https://ospreyzero.com/emergencies/checkpoint-safety/>

UNHCR · Help for refugees and displaced people

ICRC · Reconnecting families