

Using an AED

ACTION CHECKLIST

For an unresponsive person who is not breathing normally, call emergency services and begin CPR. Turn on the AED as soon as it arrives and follow its voice and picture prompts. Do not touch the person during rhythm analysis or a shock.

[] Turn it on

Continue CPR while another helper prepares the AED if possible.

[] Expose the chest

Dry a wet chest and place pads according to the AED diagrams.

[] Stand clear

Make sure no one touches the person during analysis or shock delivery.

[] Resume CPR

Immediately follow the device instructions to continue compressions.

WATCH FOR

For a child or infant, use the appropriate pediatric pads or setting when available and follow the device and dispatcher instructions.

IF HELP IS UNAVAILABLE

If nobody can bring an AED, continue CPR rather than leaving the person to search alone. If another person is present, ask them to locate the nearest accessible AED while you continue compressions. Follow the device prompts when it arrives.

Updated 2026-10-02 | Civilian educational guidance. Seek qualified help when reachable and safe; do not delay immediate protective action.

Full guide: <https://ospreyzero.com/emergencies/aed/>

Using an AED · official guidance